

The logo features the word "Rethinking" in a large, bold, black sans-serif font. To the left of the "R" is a circular graphic composed of overlapping brushstrokes in shades of red, orange, and blue. Below "Rethinking" is the word "ANXIETY" in a large, black, 3D block letter font with a white outline and a drop shadow effect.

# Rethinking ANXIETY

## CITATIONS

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